

PRESS RELEASE

City of Tallmadge Parks & Recreation Department Tallmadge Recreation Center

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FOR IMMEDIATE RELEASE – DECEMBER 19, 2011

Recreation Center Holiday Hours

The Tallmadge Recreation Center will be open limited hours this holiday season as follows:

Christmas Eve: 7 am-12 pm

Christmas Day: Closed

New Year's Eve: 7 am-12 pm

New Year's Day: 10 am-2 pm

First Fitness on the First

The Tallmadge Recreation Center will be open on New Year's Day, 10 am-2 pm. All members may bring a friend, age 18 & over, to try the facility free of charge. Guests must bring a photo ID and sign a participation waiver. There will be door prizes for guests.

Holiday Break Camp at the Rec – One week left

The Tallmadge Recreation Center is hosting Holiday Break Camp for ages 5-13 the week of December 26-30. Camp will be 9:30 am-1:30 pm each day with extended care options available. This supervised day camp includes organized games, crafts, field trips, movies and use of the soccer field and basketball courts. Lunch will be provided. This week's camp includes a field trip to the bowling alley on Wednesday and to the library on Thursday. Cost for annual and monthly members is \$55 per child per week or \$13 per child per day. Cost for non-members is \$75 per child per week or \$17 per child per day. Cost for each additional child is \$45 per week or \$11 per day for both members and non-members.

Extended care is available before and after camp, from 6:30 am-6:30 pm. Children may be registered for before care, after care or both. Morning and afternoon snacks will be provided. Cost for both before AND after care is \$55 per child per week or \$11 per child per day for

annual members and \$65 per child per week or \$13 per child per day for monthly members and non-members. Cost for either before care OR after care is \$30 per child per week or \$8 per child per day for annual members and \$40 per child per week or \$10 per child per day for monthly members and non-members.

Couch to 5K class registration going on now

Tallmadge Recreation Center is offering a program to train participants to run a 5K. The class is Saturday mornings, January 7-February 25, 2012, 8:30-9:45 am at the Tallmadge Recreation Center. This 8-week training session will help participants go from walking in the first week to jogging 3.1 miles (5K) by the last week. The class will end with paid admission to the Shamrock Run at Woodridge High School on Sunday, March 11. This class is taught by a certified personal trainer. Cost is \$75 per person and includes training, race fee and race t-shirt.

Men's Basketball League registration going on now

Tallmadge Recreation Center is offering a winter Men's Basketball League for ages 18 and older on Monday nights, beginning January 16, 2012. The league includes 8 games plus playoffs for the top four teams. Cost is \$475 per team. Registration forms plus \$100 non-refundable deposit are due by January 2, 2012.

TRC FitClub for kids

Children ages 7-13 are invited to join this fitness club that will educate them on fitness fundamentals. Studies show most kids want to be fit and active, but just are not sure where to start. TRC FitClub at the Tallmadge Recreation Center teaches kids to break down their overall fitness goals into simple, reachable ones and provides them the fitness facts and information they need to remain active for life. Classes are Tuesdays and Thursdays at 6pm. No pre-registration is necessary and this class is included in a Gold Child membership.

Coed Recreational Open Gym

Tallmadge Recreation Center has set aside a volleyball court for recreational pick-up games on Thursdays from 8-10 pm through February 2, 2012. These open gyms are designed for men & women, ages 16 & older, who want to get together and play volleyball in a fun and relaxed atmosphere. Organized team practices are not permitted. Volleyball open gyms are free for Tallmadge Recreation Center Blue & Gold members and \$8 per person for non-members.

Shuffleboard Clinics and Tournaments now at the TRC

The Tallmadge Recreation Center is offering free shuffleboard clinics at the Recreation Center on Tuesday, December 27 and Wednesday, December 28, 12:30-2:30 pm each day. There will be a free shuffleboard tournament on Thursday, December 29, 12:30-4:30 pm. Preregistration is required for the tournament. The Tallmadge Recreation Center has shuffleboard courts set up every Monday, Wednesday and Friday, 7-11:45 am for open play. This is free for all members and an \$8 drop-in fee for non-members. Additional shuffleboard clinics and tournaments are offered throughout the year.

Pick up TRC gift cards for your shopping list!

Tallmadge Recreation Center gift cards are on sale now at the Tallmadge Recreation Center. Gift cards are available in any amount and can be used towards a Tallmadge Recreation Center membership, program or facility rental. Stop at the front desk at the Tallmadge Recreation Center and pick up gift cards for everyone on your shopping list.

Have your birthday party at the 'REC'

You can reserve the newly remodeled party room at the Tallmadge Recreation Center for your child's next birthday party. All birthday party room reservations include pizza and pop, decorations and party supplies for the theme you choose, use of equipment (i.e. playground, courts or soccer field), a party hostess, set up and clean up. Take the stress out of your child's next birthday and reserve your special day now by calling the 'Rec' at 330-634-2349.

More information on any of these programs can be found by calling the Tallmadge Recreation Center at 330-634-2349 or online at www.tallmadge-ohio.org. The Tallmadge Recreation Center is located at the corner of East Avenue and N. Munroe Road in Tallmadge.

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